

Camping Packing List

Recommendation: pack in ziploc bags

✓	ITEM	✓	ITEM
	mess kit with mesh bag (could be lingerie bag from dollar store)		first aid kit (small)
	yoga mat or self inflating mattress (sleeping mat)		facial towelettes or wipeys/soap & washcloth
	sleeping bag/blanket		toothbrush/toothpaste
	old pillow		floss
	day backpack		menstrual products (if needed)
	sunscreen & bugspray in a ziploc		medicine if needed (held by an adult)
	water bottle		mini mirror
	sneakers/hiking boots		chapstick
			hair ties
	short sleeved shirt		door mat/thin rug/towel/plastic tarp for doorway of tent
	long sleeved shirt (in case it gets cold)		books
	sweatshirt/sweater/hoodie		other small games/things to play or do in free time
	extra outfit including socks & underwear		a bag to hold dirty clothes
	shorts		rain coat/poncho
	pants		hat
	pajamas or other comfy clothes to sleep in		Swimsuit
	toiletries (small bag)		towel
	flashlight/lantern		water shoes
	tent (if bringing your own)		
X	Do NOT bring gum, perfume, or other scented things	X	Do NOT bring valuables or clothes you don't want to ruin